

"The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise." Psalm 51:17 (ESV)

Journey Groups

We successfully finished our in-person **Spanish** Journey group in our home. It was such a blessing even though it didn't go as we originally planned! Rather than an intensive weekend, we met on Wednesday nights for 12 weeks. It wasn't a full group but it was a time of big advances in the lives that were there. The next Spanish group will be international online in April.

We started our very first online **English** Journey on Zoom in January. We are currently meeting Saturday mornings from 10am -12pm EST. Please pray for our ladies as they work through their hearts and stories. This is the first time that I have formally worked through the material in my own language and it has been a wonderful experience.

We will be offering other online opportunities in English in the future. If you are interested in understanding the patterns of your life and God's plan for you, working in a small group that is dedicated to confidentiality, contact me to join a group.

I have been in contact with the Open Hearts Ministry office and there are several other people around the US that are interested in doing online groups and I have offered to meet with them and give any help that I can. Pray for this online ministry, it has the potential to meet many hearts and shatter spiritual chains that have bound people their whole lives.

Thorns and Thistles



"...cursed is the ground because of you; in pain you shall eat of it all the days of your life; thorns and thistles it shall bring forth for you..."Gen 1:17,18 (ESV)

Here in Mexico, Tom is constantly battling to keep sandburs and mountain thorns from taking over our gardens and land. It seems that the moment you think you have it under control, lo and behold you find more popping up right under your nose.

As we go through this season of Lent and get closer to Holy Week, I find myself pondering again the curse of the thorns and the fact that Jesus wore a crown of thorns. Jesus carried that curse with Him to the cross.

What are the thorns and thistles in my life that I need to be constantly vigilant against? What fruit in my life is being choked out by these thorns? Did Jesus wear MY thorns as He died for me?

Holy Spirit, be my gardener. Burn out the thorns and thistles in my heart and life. Plant your garden in my heart! Tend your roses and fruit that thorns and thistle won't grow.

May the garden of my heart overflow with forget-me-nots of Faith, jasmine of Joy, lilies of Love, peonies of Praise and wild roses of Worship and may the perfume of my garden be pleasing to you Lord!

Tom and Nancy Rach

**"...Break up the fallow ground, and sow not among thorns."
Jeremiah 4:3 (ESV)**

Tom and Nancy Rach serve with Equip, Inc., P.O. Box 1126, Marion, NC 28752
"For the Equipping of the Saints and the Strengthening of the Body of Christ" Eph 4:12